

# Ma Ganga Yoga Shakti Retreat

*Transform. Heal. Rejuvenate.*

Mantra Shakti Yoga empowers our total Well-Being

Rishikesh, India, March 7 - 13, 2012

**Pt. Vamadeva Shastri (David Frawley) and Yogini Shambhavi** will share the ancient Vedic healing wisdom of Mantra Yoga, Ayurveda, Devi Tantra, and Vedic Astrology. We offer an empowering curriculum of Vedic thought, Yoga philosophy, deep principles and profound practices of the ancient spiritual traditions of India. The focus will be Mantra Shakti that unfolds the healing grace of Heart, Mind, Body and Spirit.

- Learn important keys to Raja Yoga, Jnana Yoga, Bhakti Yoga, Meditation, Pranayama, Mantra Chanting, and Doshic balancing Asana.
- Immerse yourself in powerful daily sacred rituals, fire ceremonies, emotional attunement, satsang and silent contemplation.
- Celebrate the auspicious Holi festival of colors, the most powerful night to achieve mantra Siddhi!
- Enjoy an afternoon of White Water River Rafting down the sacred Ganga!
- Meditate at the ancient Vasishtha Guha (cave) of the seers.
- Honor the healing force of Ma Ganga with festive evening Arati and propitiations of the planets.

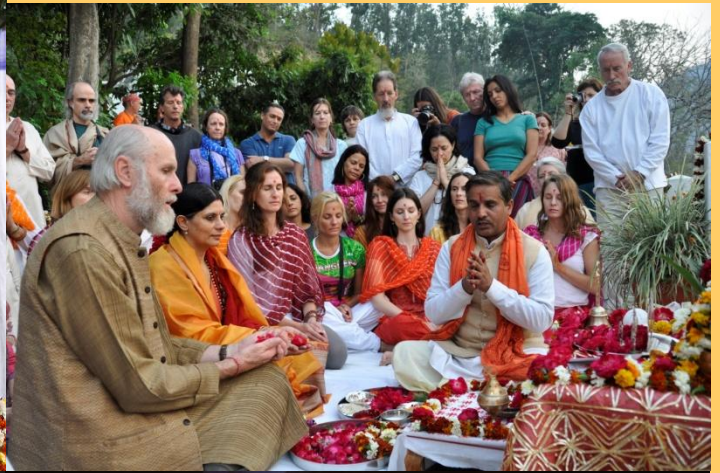
Seven days will deepen your Yoga Shakti guided through sacred practices designed to awaken the higher Self and empower the flow of divine grace within you. Connect with the Devi Shakti and Shiva Presence!

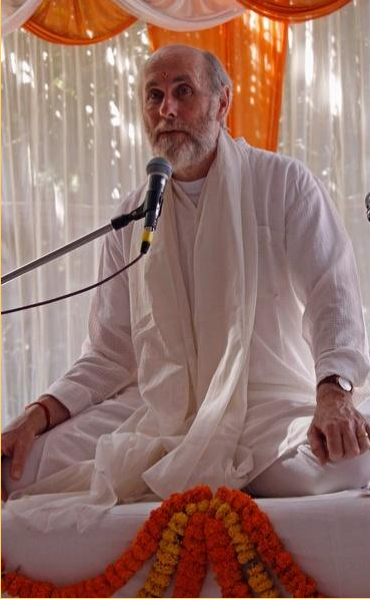


The **Fifth Annual Ma Ganga Yoga Shakti Retreat** is a special yearly event hosted by the American Institute of Vedic Studies for sadhaks, seekers, Yoga, Ayurveda and Jyotish students worldwide. The program is located at the famous [Neemrana](#) resort above Rishikesh, an old royal property frequented by Anandamayi Ma and other great gurus and yogis over the past century with its inspiring pristine

settings of Mango and Lychee orchards by the sacred Ganga River. Riverside cottages give privacy and gourmet vegetarian meals are a delight, served on the verandah. Nearby Rishikesh offers a variety of ashrams and their various programs for those wanting to extend their stay.

A full range of Kerala style Ayurvedic treatments is available on-site and a private beach on the Ganga. Special pujas and havans on personal request are arranged for participants for dealing with life problems, astrological afflictions or for spiritual advancement with a special Vedic priest, Pandit Dinesh guided by Yogini Shambhavi.





## Acharyas and Teachers

**Pandit Vamadeva Shastri (Dr. David Frawley)** is a world renowned Acharya (teacher) and author on Yoga, Ayurveda, Vedanta and Vedic astrology, with more than thirty books published over the last thirty years in more than fifteen languages worldwide. He has been a pioneer in introducing the deeper Yoga and Vedic sciences to the West. Vamadeva is regarded as one of the few westerners who can transmit authentic Yoga and Vedic teachings, and is highly regarded both in India and the West.

The program will reflect his recent books **Mantra Yoga and Primal Sound** and **Inner Tantric Yoga**, with their special teachings of mantra, pranayama and meditation, as well as his personal research into Soma in the Yoga and Ayurveda traditions, not previously shared in a program setting.

He is director of the [American Institute of Vedic Studies](#) which conducts courses, programs and seminars worldwide. He has been associated with the largest ashrams, Yoga centers, Ayurvedic schools and Vedic astrology associations in the world including the American National Ayurvedic Medical Association, the Council of Vedic Astrology, the Swaminarayan order, the Chopra Center, Swami Veda Bharati, and Sri Ramanashram. Read his regular articles in Tathaastu magazine. Note his [special one hour interview filmed by Dutch television](#).



**Yogini Shambhavi** is a mystic, healer and spiritual guide, rooted in the ancient teachings and traditions of Shakti Tantra. She unfolds the bliss of well-being through Tantra, Ayurveda, Vedic astrology, Mantra Jnana and Nada meditation. Shambhavi draws one to the deeper "Yogic Reality", awakening the Shakti power within our own hearts and minds, allowing its benevolence to flow into our daily life experience through Bhakti Bhava and sacred rituals.

As co-director of the American Institute of Vedic Studies, Santa Fe, New Mexico, along with Dr. David Frawley, she has speaking and teaching engagements worldwide, offering personal empowerments, training programs, workshops and retreats. Along with Vamadeva, she offers Vedic astrology consultations with sacred Vedic remedial measures or 'Upayas' based upon her deep understanding of the Shaktis of the planets.

Shambhavi has authored two bestselling books on the Mother Goddess and Tantra by Wisdom Tree (India). She has recently released a special CD of Devi Shlokas and Bija mantras and is preparing one of Vedic astrology mantras. All these mantras will be shared during the retreat.

*Yogini Unfolding the Goddess Within*

*Yogic Secrets of the Dark Goddess*

*Yogini Bhava CD, Shakti Mantras Invoke the Divine Within* (Lotus Press USA)



### **Pandit Shri Dinesh Chandra Shastri**

Graduate of Banaras Sanskrit Vishva Vidyalaya, proficient in pujas and homas for planetary propitiations and worship of the deities. Panditji will offer private rituals and fire offerings for interested participants.

**ACCOMODATION:** Registration is limited due to accommodation availability. Accommodation in the [Glass House](#) on the Ganga, a [Neemrana Hotels](#) property, one of the best facilities in the region, is limited to fifteen cottages (double to triple occupancy). Once full, we will be staying at the [Himalayan Hideaway](#), an equally gorgeous resort two kilometers away (ten rooms). Transportation will be provided to the Glass House for the daily programs.

The rooms will be allocated on a “first-deposit-best-room” basis, so we encourage you to sign up quickly. The best rooms have special Ganga views. Your early deposit will qualify you for best room available. Request for single occupancy is only available at the Hideaway at a deposit of 600 USD.

**REGISTRATION:** [Download registration form](#) or email us for one.

**Tuition and Lodging - \$2250.00 for 6 nights and seven days (all meals included).**

**\$2095 Early Bird registration to Nov. 15, 2011.** Payment can be made by paypal, credit card, check or bank transfer. Registration fee of \$700 is non-refundable. Travel and transportation to the retreat not included but we can help you with such arrangements if needed.

**Personal Havan and Puja** (Vedic rituals and planetary propitiations), available on request. Please email Yogini Shambhavi : [yoginishambhavi@aol.com](mailto:yoginishambhavi@aol.com)

**Ayurvedic Spa Treatments:** Available at the Glass House.

**For Additional Questions and Inquiries please contact**

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**WEBSITES:** Please visit: [www.vedanet.com](http://www.vedanet.com) – [American Institute of Vedic Studies](#)

**FACEBOOK:** Follow our celebrations of previous programmes on Facebook

[Dr. Frawley on Facebook](#)

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